

Tour de Worcester 2026

4 October 2026



Event Guide

1. Details of the Event:

Date:	4 October 2026
Time:	7h30 to 13h00
Venue:	Worcester-Oos Primary School Sutherland Street Worcester

2. Race Personnel:

Race Director	Tessel Crotz	082-713-7167
Race Organiser:	Sue Kirk	083-578-9375
Timing:	Christhonie Geldenhuys	082-671-4099
Safety Officer:	Mark Syce	083-318-9379
Chief Marshal:	Garth Meiring	083-200-0538
Media / Photographer	Rob Ward	071-401-8310
Announcer	Coen Pretorius	082-728-0695
Myriad Events	Sue Kirk	083-578-9375

3. Emergency Services:

Hospitals	Mediclinic	023-348-1500
	Worcester Provincial Hospital	023-348-1100
Fire Department	Breede Valley	023-348-9060
SA Police Services	Worcester	023-348-8600

4. General Provisions

This race will be held in accordance with the Regulations of the Union Cycliste Internationale (UCI) and Cycling South Africa, except where herein provided.

Racing format may also be modified at the discretion of the Chief Commissaire should this be necessary.

5. Entries and Registration

This event is open to South African citizens and permanent residents. All riders must be in possession of a valid Cycling SA membership or purchase a Day License with their entry.

Riders are not considered registered until all administrative requirements have been fulfilled and entry fee paid in full.

In all cases, the age of the competitor shall be determined by the actual age of the competitor on December 31 of the current year.

For the purpose of this race, the following age categories will be recognized

- Elites, both men and women riding on an elite racing license
- Juniors
- Under 17's
- Veterans ages 35 and above

6. Parking and Registration – Race Day

- Parking for all participants vehicles will be at Worcester East Primary School, Sutherland Road, Worcester. Cyclists are asked to please park in the area designated for parking and not out on the roadway. Directional arrows will point the way to the registration venue.
- Registration on Sunday 4 October will be in venue and will start at 6h00.
- Teams are to register with the organisers at least one week before the event so that managers licenses can be checked and accreditation be issued.
- Team cars will be directed to a parking area outside the venue so that they can form the convoy when racing is about to commence.
- Officials parking as well as that of the event staff, will be in the area close to registration as detailed below.



7. Managers Meeting

The managers meeting will be held at 7h00 on Sunday 4 October at Worcester Oos Primary school. All team managers are to attend for accreditation purposes.

8. Regulations

This race is held in accordance with the UCI Rules and Regulations and the General Regulations of Cycling South Africa, which can be obtained on the CSA website or by clicking the link below

<https://www.wpcycling.com/wp-content/uploads/2019/11/Road-Cycling-Handbook-2026.pdf>

Riders Numbers

All riders will be issued with a bib number that is to be affixed to the left hand side of their cycling jersey and a bike frame board. The bike frame board contains your timing chip and is to be mounted horizontally as depicted below. All bike boards will be collected by race staff at the end of the race.

Please use the holes provided to mount your frame board. Please do not deface the board in ANY way whatsoever. We will not issue results for persons whose boards we receive back that have been defaced.



9. Commencement of Races

07h30	105km Group 1 – Elite and Pro Teams
07h40	105km Group 2 – Veterans and Women
08h00	46km Group 3 – Fun Ride

- These times may change somewhat depending on the number of entries.

10. Route Overview:

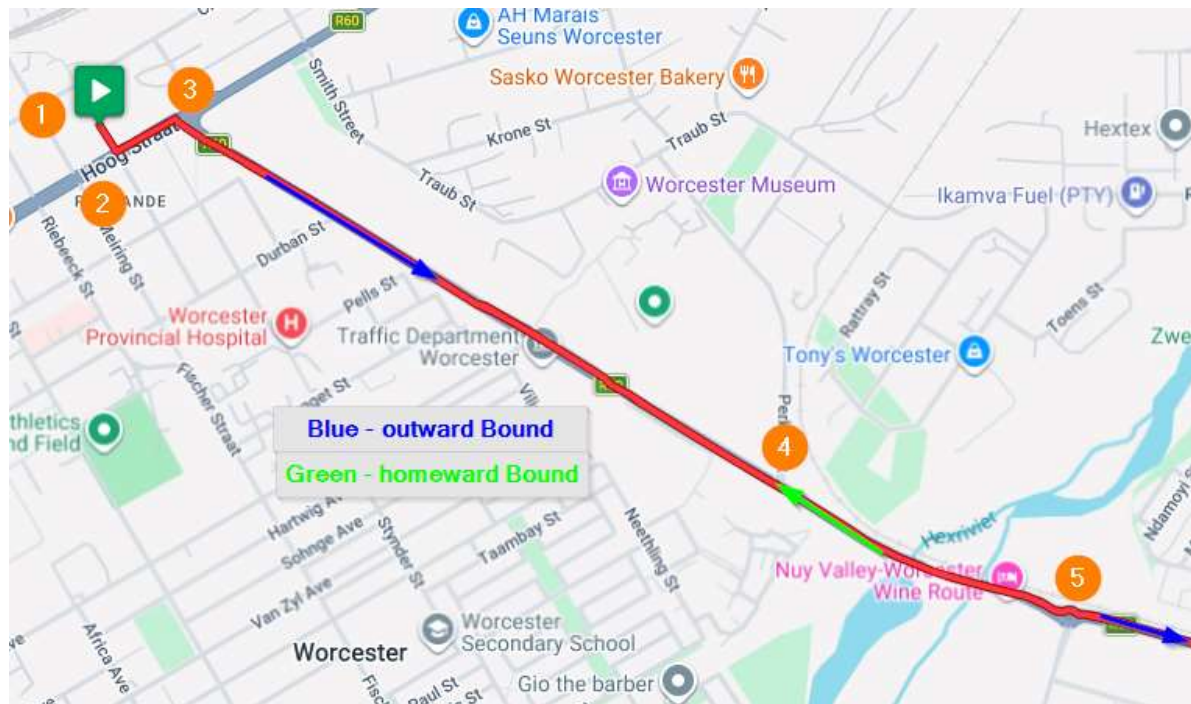
105km Race Route:



46km Fun Ride:



Details 1 – Worcester:



The 105km route starts with a neutral section leading the cyclists out of Worcester on the Robertson Road (R60). At the intersection with Nonna, the cyclists turn left, heading into the Nuy Valley loop. Following the loop round until it meets the Robertson Road (R60) again. Here, cyclists turn right back towards Robertson. The 46km route heads straight back to town.

The 105km route turns left towards Aan de Doorns. At the intersection at Aan de Doorns Winery, we turn left towards Villiersdorp. Continue along this road until Stettyn where we turn around in the Stettyn premises and head back towards Worcester. A right at Aan de Doorns and a left back onto the Robertson Road (R60), brings us back to town.

11. Water Tables and Medical Points

We will have water tables at the following locations:

Number	Intersection Name	Distance
1	Top of Nuy before dropping down to Leipzig	21Km
2	Aan de Doorns	43Km
3	Stettyn	66Km
4	Aan de Doorns	90Km
5	Finish	105km

Water Points 1 and 5 will also serve the 46km race

Static medical points will be at the start / finish venue at Worcester Oos Primary School as well as at the turnaround point at Stettyn.

There will also be 2 ambulances out on the course, one between Group 1 and Group 2. The second one will follow the 46km fun ride back to the venue before heading back out on the road to sweep behind the back markers.

TOUR DE WORCESTER 2026

Long Route - 105km

