

Tour de Worcester



Event Guide

1. Details of the Event:

Date:	18 February 2024
Time:	7h30 to 15h00
Venue:	Leipzig Farm Nuy Valley Road Worcester

2. Race Personnel:

Race Director	Francois Esterhuizen	082-413-8935
Race Organiser:	Sue Kirk	083-578-9375
Timing:	Christhonie Geldenhuys	082-671-4099
Safety Officer:	Mark Syce	083-318-9379
Chief Marshal:	Conrad Wiergsma	082-554 2726
Media / Photographer	Theo Bruwer	079-740-2114
Announcer	Coen Pretorius	082-728-0695
Myriad Events	Sue Kirk	083-578-9375
Tygress Medical	Joseph Kaliza	082-492-2970
Tygress Emergency	Control Room	086-122-3344

3. Emergency Services:

Hospitals	Worcester Provincial Hospital	023-348-1100
Fire Department	Breede Valley	023-348-9060
SA Police Services	Worcester	023-348-8600

4. Officials:

To be confirmed by CSA

5. General Provisions:

The Tour de Worcester will take place on 18 February 2024. This race will conform to the Road Racing Regulations of the Union Cycliste Internationale (UCI) and Cycling South Africa, where applicable.

Racing format may also be modified at the discretion of the chief commissaire should this be necessary.

6. Entries and Registration:

- Online entries will open for this race on 15 December 2023.
- Entries from the postponed race in September 2023 will carry over to this race.
- There will be no refunds, however we will take substitutions.
- There will be 2 road cycling races on Sunday 18 February. One of 140km and one of 85km
- There will be a 45km gravel fun ride on Sunday 18 February.
- There will be entries on the day for the gravel fun ride
- Only cyclists with valid CSA memberships will be allowed to enter the 2 longer distances. Membership is not necessary for the Fun Ride.
- Day licenses will be available at a cost of R50 each and can be added to the rider's basket on the entry portal.
- Rider licenses will be verified before the time so there is no need to present them at registration.
- Riders are not considered registered until all administrative requirements have been fulfilled and entry fee has been paid in full.
- Race numbers and frame boards are to be collected at the venue on Sunday 18 February.

6.1 Race Categorisation:

- The long (140km) Race may have multiple start groups if the group is too big. Riders will be seeded by the organisers in the week before the event.
- The Medium (85km) Race may also have multiple start groups. Should numbers dictate, we will increase the number of start groups.
- The Gravel Fun Ride (45km) will be open to all ages – average speed 10-20kph.
- **Age limits apply for the safety of our younger riders. WE WILL NOT ALLOW ANY UNDER 17's PERMISSION TO RIDE IN THE 140km RACE**

7. Parking and Registration – Race Day:

- Parking for all participants vehicles will be at Leipzig Farm, Nuy Valley Road, Worcester. Cyclists are asked to please park in the area designated for parking and not out on the roadway. Directional arrows will point the way to the registration venue.
- Registration on Sunday 18 February will be in venue and will start at 6h00.
- Teams are to register with the organisers at least one week before the event so that managers licenses can be checked and accreditation be issued.
- Team cars will be directed to a parking area outside the venue on Nuy Valley Road so that they can form the convoy when racing is about to commence.
- Officials parking as well as that of the event staff, will be in the area close to registration as detailed below.
- There will be a Team Managers meeting at Leipzig at 7h00. All team managers are to be present and need to show their credentials.

8. Commencement of Races:

07h30	140km Group 1
07h35	140km Group 2
07h45	Gravel Ride
07h55	85km Group 3
08h00	85km Group 4

- These times may change somewhat depending on the number of entries. Please keep an eye on social media for final confirmation of start times.

9. Programme:

6h00	Registration Opens
7h00	Team Managers Meeting
7h30	Racing Starts
10h45	Prize Giving – 86km Road and Gravel
11h30	Prize Giving – 140km Road

10. Road Race Convoy:

All vehicles in the race convoy must comply with the following restrictions:

- a. Vehicles must be a maximum height of 1.66m not including roof bars (unless approved by the PC)
- b. Windows on all cars must not be obstructed with decals or obstruct view through the vehicle.
- c. A team vehicle must have no more than 3 occupants, including the driver.
- d. The driver of the vehicle must hold a CSA Team Managers license, while the other passengers must hold some type of CSA membership.
- e. All vehicles must travel on the left hand side of the road.
- f. All vehicles are under the direction of the PC and relevant traffic departments and must adhere to the convoy code of conduct.

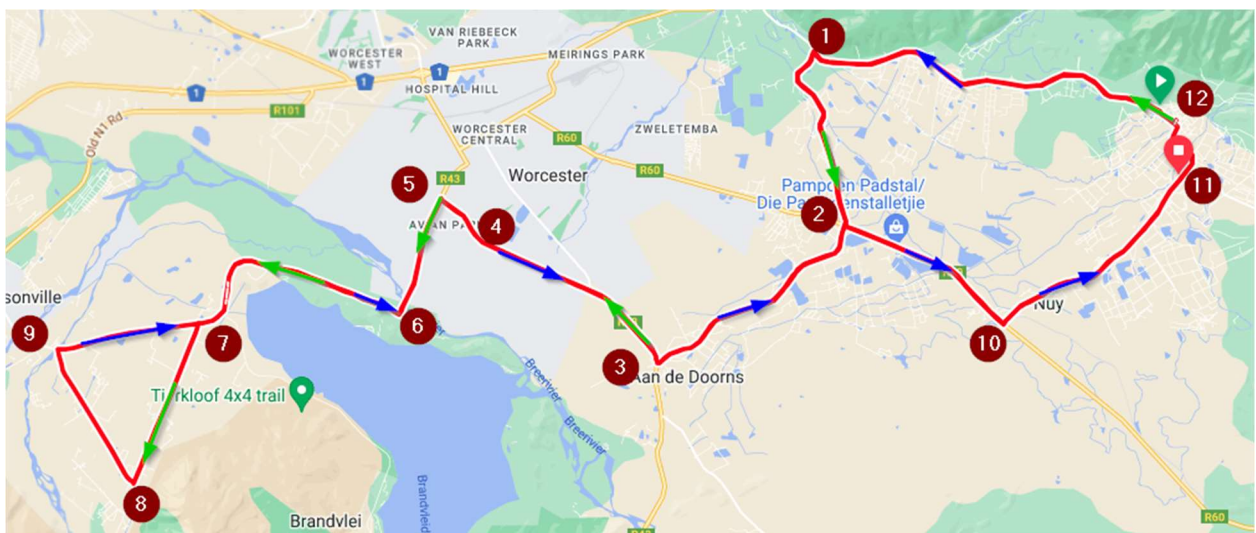
11. Convoy Code of Conduct:

- a. The Convoy Code of Conduct applies to all vehicles, it's drivers or pilots, involved in the Race Convoy operations whether involved with the conduct of the race itself or while performing a role that interfaces with the convoy.
- b. No occupant of a following vehicle may reach or lean out of the vehicle under any circumstances
- c. Support vehicles are to assemble at the main entrance to Leipzig Farm which will not be open to other vehicles.
- d. All managers must attend the Team Managers Meeting. Failure to attend these meetings may result in removal from the race convoy.
- e. All drivers must gain permission to pass any riders from the Commissaire behind those riders.
- f. When passing through the convoy, vehicles must only travel marginally faster than the riders and use short sharp toots on the horn to indicate passing. Drivers must check mirrors before deviating left or right.
- g. When travelling in the race bubble, drivers must not travel more than 20km/h above the speed of the race as this is dangerous, unnecessary and unacceptable.

12. Route Plan and Marshal Points:

140km and 85km route:

Both of the road distances start at Leipzig farm and head out in a westerly direction. There is a 3km gravel stretch shortly after the start. About 3km after this, there is a portion of road that has been washed away. Cyclists are urged to be extremely cautious. Cones and marshals will be on hand to assist at this point. At approximately 10km, cyclists take a left hand turn to head towards the Robertson road. At the intersection with the Robertson Road (approximately 15km), the cyclists cross straight over towards Aan-de-Doorns. At the T-Junction at Aan-De-Doorns (21,6km), we take a right turn towards Worcester. On the outskirts of Worcester (28,5km), we again turn left towards Rawsonville. This is followed by a right hand turn at the Nekkies Caravan Park (31,8km) Another left onto the Louwshoek triangle (38,6km). There will be a Team Managers feeding point outside Uni-Wines Daschbosch facility (42,6km). This is only for team cars. A right hand turn shortly after this point will take you back towards the road to Worcester (43km) Yet another right hand turn will see the cyclists heading back to Worcester (47km.) There will be a water point outside The Enchanted Oak for those riders without team support (47,2km)



From here the race returns along the same route towards the Nuy Valley. A left turn at Nekkies (57km) followed by a right turn on the outskirts of Worcester (60,2km) and a left at Aan-De-Doorns (67,5km) brings you to the Robertson Road (73,8km). This time we turn right towards Robertson. At the Nuy-on-the-Hill restaurant we turn back into the Nuy Valley (78,6km) The shorter route riders then finish up before reaching Leipzig while the 140km riders circuit around the Nuy Valley another twice before finishing. There will be a second support area part way up the gravel section for the long route.

48km Gravel Fun Ride:

The gravel fun ride starts at Leipzig and heads on the dirt road towards Robertson and Rooiberg Winery. The ride detours through Saggy Stone where there will be a water point. The riders turn around at Voorspoed and head back to Leipzig.



13. Areas of Concern:

There are a few areas of concern for the riders:

- The first 3km of the road race is gravel and while we have requested that it be graded, we're not 100% sure if this will take place.
- Around the 6km mark, part of the road washed away with the floods in October. This will be coned and marshals will be on hand to assist
- Before arriving at the Robertson Road intersection, there is a railway line. This will be covered with matting but please take care.

- On the outskirts of Worcester, there is a residential area which is a high crime spot. South African Police Services will be on hand, but please be aware of what's going on around you, especially if you have been separated from the bunch.
- Returning back to Nuy and the left turn from the Robertson Road, we again have railway lines. These will be covered, but please be cautious.
- The finish line will be about 1,5 to 2 km before Leipzig. We will have distance markers telling you how far to go.
- Just after the finish line there is a dip in the road which was also washed away last year. This is now a very short section of gravel.

14. Intersections and Marshal Points:

We don't believe that the criterium race needs the intersections marshalled however partial road closure will be applied for.

Similarly, the gravel fun ride will not be marshalled by static marshals, but we will have roving marshals out on the course to ensure that the participants don't get lost.

We have numbered the intersections on the 140 / 85km routes as follows:

Number	Intersection Name	Marshalling Details	Traffic Details
Start / Finish	Leipzig	Lions 1	BVM 1
1	Nuy Valley / Overhex	Lions 2	
2	Overhex / R60 Robertson	Lions 3	Provincial 1
3	Overhex / Aan de Doorns	Lions 4	Provincial 2
4	R43 / Avian Park	Lions 5	
5	R43 / R43 Avian Park	Lions 6	BVM 4 & SAPS
6	R43 Nekkie / Van Riebeeck	Lions 7	BVM 5 & SAPS
7	Van Riebeeck / Voorsorg	Lions 8	
8	Voorsorg / Boontjiesrivier	Lions 9	
9	Boontjiesrivier / Van Riebeeck	Lions 10	BVM 6
7	Van Riebeeck / Voorsorg	Lions 8	
6	R43 Nekkie / Van Riebeeck	Lions 7	BVM 5 & SAPS
5	R43 / R43 Avian Park	Lions 6	BVM 4 & SAPS
4	R43 / Avian Park	Lions 5	
3	Overhex / Aan de Doorns	Lions 4	Provincial 2
2	Overhex / R60 Robertson	Lions 3	Provincial 1
10	R60 / Nuy Valley	Lions 11	Provincial 3
11	Nuy Valley / Saggy Stone	Lions 12	

Number	Intersection Name	Signage Needed	Position
Start / Finish	Leipzig	Caution Cyclists x 4. Usual start line signage	Signage 300m and 500m either side of venue to warn motorists
1	Nuy Valley / Overhex	A-frame with arrow pointing left & Caution Cyclists x 1	A-frame 200m before turn and Caution signs 300m on approach to intersection from R60 side
1a	Railway Crossing	Railway Ahead	Sign 100m before the railway crossing
2	Overhex / R60 Robertson	A-frame with arrow pointing straight & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
3	Overhex / Aan de Doorns	A-frame with arrow pointing right & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
4	R43 / Avian Park	A-frame with arrow pointing straight & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
5	R43 / R43 Avian Park	A-frame with arrow pointing left & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
6	R43 Nekkie / Van Riebeeck	A-frame with arrow pointing right & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
7	Van Riebeeck / Voorsorg	A-frame with arrow pointing left & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
8	Voorsorg / Boontjiesrivier	A-frame with arrow pointing right & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
9	Boontjiesrivier / Van Riebeeck	A-frame with arrow pointing right & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
7	Van Riebeeck / Voorsorg	A-frame with arrow pointing straight & Caution Cyclists x 2	Reposition A-frame and change arrow direction only if ALL cyclists have taken the turn
6	R43 Nekkie / Van Riebeeck	A-frame with arrow pointing left & Caution Cyclists x 2	Reposition A-frame and change arrow direction
5	R43 / R43 Avian Park	A-frame with arrow pointing right & Caution Cyclists x 2	Reposition A-frame and change arrow direction
4	R43 / Avian Park	A-frame with arrow pointing straight & Caution Cyclists x 2	Reposition A-frame and change arrow direction
3	Overhex / Aan de Doorns	A-frame with arrow pointing left & Caution Cyclists x 2	Reposition A-frame and change arrow direction
2	Overhex / R60 Robertson	A-frame with arrow pointing right & Caution Cyclists x 2	Reposition A-frame and change arrow direction

10	R60 / Nuy Valley	A-frame with arrow pointing left & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from both sides
10a	Railway Crossing	Railway Ahead	Sign 100m before the railway crossing
11	Nuy Valley / Saggy Stone	A-frame with arrow pointing straight & Caution Cyclists x 2	A-frame 200m before turn and Caution signs 300m on approach to intersection from Saggy Stone side
		5km, 3km 1km, 500m 200m and 100m	Countdown signage to the finish point

The different intersections have various marshals and traffic officials allocated to them. All relevant signage will be put up on the morning of the race and removed afterwards.

15. Parking Arrangements:

There are 3 parking areas that can be utilized, accommodating approximately 200 vehicles. Race staff and Team cars will be accommodated in the parking area near registration (not highlighted on this site plan) The cyclists and their supporters will park in the areas marked P1, P2 and P3 below.

